



R W N Z
RACE WALKING NEW ZEALAND

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All members circular 18/2019

17 June 2019

Taranaki Results

2019 Open Walks 8th June

This year saw the 55th competition of the 15km event with the Hawera Cup awaiting the winner on handicap. The original cup only lasted for five years before disappearing and the current cup was donated by Waikato Breweries in 1973 and was only for men. Since those early days, the event has been expanded to include 5km & 10km races and for women & young people to take part and racing for their own trophies.

As we had a large number competing today from the Wellington area for the event, we thought we would make them feel right at home by organising very strong winds with intermittent showers, with just a few patches of blue sky and some sun for the locals.

Arriving around 11.15hrs, a dozen people were already there and in the next hour or so the street was a hive of activity as tents were assembled, water station set up, registration and lap scorer facilities organised and traffic management laid out. Finally, perhaps the most important facility arrived, in the form of a mobile Portaloo. Out of this chaos, order emerge and the walkers were now warming up.

Twenty-three lined up for the start with only four being B Grade. After the pre-race instructions, they were off. We were fortunate of having two young up and coming walkers in the race, Daniel du Toit and Lucas Martin, 16 and 14. They showed the bystanders what race walking is all about as they tore around the 1km course leaving everyone for dead, Daniel doing 10km and Lucas 5km. It was a pleasure watching their fluid style which looked so easy to do, which we all know isn't.

Lap one saw these two glued together with Eric Kemsley the local President in third with Clive McGovern a step behind. By 1.5 laps Daniel was already starting to lap the tail enders and Lucas had dropped 50m behind him. Clive overtook Eric with Peter Fox 80m behind. He was about the same distance ahead of the Trentham Blond Bombshell, Jackie Wilson, who was coming off a high after winning medals, in Spain, England, Poland and Australia in various distances. An example of "You're never too old," to do anything.

During this lap, our secretary, Michelle was 15m ahead of an Egmont walker, Vicky Jones who has been slowly improving over the last couple of years. She in turn was 50m in front of a club stalwart Dave Barrett who was only doing the 5km which he considered long enough to keep his style. Lap 3 saw Eric ahead by a step on Clive but Daniel was now breathing down their necks. In the middle of the race Tony Burrell was leading Ross Allen by 10m who in turn was 15m ahead of Mike

Lane, our club member from Wellington. Mike normally walks in a kilt but that not being club uniform, he had to wear black shorts today. That rule was a blessing in this wind, as we all know what men shouldn't wear under kilts. Terri Grimmer was 50m ahead of Helen Baverstock with both these ladies doing the 15km. Helen was 30m ahead of a Scottish lady Arlene Wong-Tung.

Lap 4 saw Daniel starting to lap some for the second time and by lap 5 the gap between Tony, Ross Mike and Terri had started to widen and Helen was closing on Terri and increasing her lead over Arlene, who now had Phillip Grimmer only about 80m behind her. Eric was now just ahead of Clive; Vicky was hanging on behind Michelle who had doubled the lead over Dave.

Tony on his 6th lap caught and passed Jackie but not before he had shaken off Ross who has been nursing a foot injury for a while now, this enabled Mike to eventually pass Ross on the last lap and hold him off to the finish. By the next lap Tony was 10m in front of Jackie, who did close to within a couple of metres by the next lap and there she stayed.

With two laps to go, Vicky managed to pass Michelle and stayed in front for the rest of the race. They were also several people who had their own private battle inside the race. There was Tony and Jackie which ended as a victory for Tony, just. Arlene & Phillip who were tied at the hip for half the race until Phillip did a sprint at the end to cross first. Helen eventually caught and passed Terri on 10km and slowly increased her lead each lap. Finally, Ross after leading Mike the whole race succumbed to a last-minute effort by Mike.

I think Anne Fraser walked the whole race in No Man's Land as she was chasing Arlene & Phillip a few minutes ahead. Peter Sheaf the other Egmont Club walker found the pace too tough for his first race and was glad when he finished. Daphne Jones, also back from overseas triumphs, spent her race a few minutes behind Anne and trying to stave off the attentions of Michelle & Vicky which she managed to do. Jon Roskvist who I understand has only recently returned to race walking and walked B Grade today, was very strong for his 10km, too strong for most. Geoff Iremonger much to my surprise elected to only do 5km today but walked strongly throughout. MaryAnne Costello was another who had a lonely walk on her own.

The two lads regularly lapped the field and Sue Park remarked that during her 5km Daniel lapped her four times. On his penultimate lap, Eric passed Terri and Helen which left just those three, left racing.

Fortunately, the rain held off and eventually the wind eased towards the end and we did get more and more sun, not that you felt it, as the mountain is covered in thick snow.

Many thanks to all those helpers who made this event happen. I hesitate to list you in case I leave anyone out but you all know who you are and we are indebted to you once again. It is nice to know that although some are no longer members, they still respond to our call for help. We met later that evening for a meal and social time and where the winners were named. Four out of five trophies went to our visitors, so our handicapper must have done a good job, at least the winners thought so.

Next morning with a sunny sky, no wind, and a majestic mountain on full view, we had an hour walk along the Coastal Walkway, before returning to the Park for hot drinks and a natter. Then our guests departed vowing to return next year.

Taranaki Racewalking Club - Open Walks Results 8/06/2019

	Dist	Grade	Event	Actual	Diff	Place	Pace
Anne Fraser	10	A	Campbell	1:14:49	0:01:29		0:07:29
Arlene Wong-Tung	10	A	Campbell	1:12:11	0:00:59	1st	0:07:13
Christine Tuka	10	A	Campbell	0:00:00	#####	DNS	0:00:00
Daphne Jones	10	A	Campbell	1:17:15	0:00:05	2nd	0:07:44
Jacqui Wilson	10	A	Campbell	1:07:14	0:01:44		0:06:43
MaryAnne Costello	10	B	Campbell	1:20:19	0:00:49		0:08:02
Michelle Nicholson	10	A	Campbell	1:18:17	0:00:17		0:07:50
Sue Park	5	A	Campbell	0:42:44	0:00:29		0:08:33
Vicky Jones	10	A	Campbell	1:17:25	0:00:15	3rd	0:07:44
Eric Kemsley	15	A	Hawera	1:32:21	0:02:21	2nd	0:06:09
Helen Baverstock	15	A	Hawera	1:47:09	0:01:36	1st	0:07:09
Terri Grimmett	15	A	Hawera	1:49:51	0:07:21	3rd	0:07:19
Dave Barnett	5	A	T Suthon	0:39:09	0:01:49		0:07:50
Clive McGovern	10	A	T Suthon	1:01:42	0:00:58	1st	0:06:10
Geoff Iremonger	5	A	T Suthon	0:36:25	0:00:55	3rd	0:07:17
Jon Roskvist	10	B	T Suthon	1:05:25	0:05:25	*	0:06:32
Michael Lane	10	B	T Suthon	1:09:05	0:01:55		0:06:55
Peter Fox	10	A	T Suthon	1:01:39	0:01:59		0:06:10
Peter Sheaf	5	B	T Suthon	0:46:59	0:00:41	2nd	0:09:24
Phillip Grimmett	10	A	T Suthon	1:12:04	0:01:14		0:07:12
Ross Allen	10	A	T Suthon	1:09:44	0:01:44		0:06:58
Tony Burrell	10	A	T Suthon	1:07:08	0:01:08		0:06:43
Daniel du Toit	10	A	TAWC	0:48:12	0:00:08	1st	0:04:49
Laura Kehely	10	A	TAWC	0:00:00	#####	DNS	0:00:00
Lucas Martin	5	A	Bird	0:25:31	0:00:11	1st	0:05:06

* Outside estimate/actual % variance

Scottish Walking event 15 June 2019 at Trentham

'A' Division				A Grade		10 km Male	
10 km race				1 st	Daniel du Toit	Trentham	46:38
Race No	Name	Club	Time	2 nd	Clive McGovern	Trentham	1:01:32
				3 rd	Ron Saper	Trentham	1:03:41
123	Daniel du Toit	Trentham	0:46:38				
111	Clive McGovern	Trentham	1:01:32				
2130	Ron Saper	Trentham	1:03:41		A Grade	10 km Female	
103	Jackie Wilson	Trentham	1:05:32	1 st	Jackie Wilson	Trentham	1:05:32
110	Joseph Antcliffe	Trentham	1:05:41	2 nd	Terri Grimmett	Scottish	1:10:22
107	Terri Grimmett	Scottish	1:10:22	3 rd	Arlene Wang-Tung	Scottish	1:11:01
108	Arlene Wang-Tung	Scottish	1:11:01				
122	Rob McCrudden	Olympic	1:11:42		A Grade	5 km Male	
115	Geoff Ironmanger	Scottish	1:14:32	1 st	Warren Jowett	Trentham	36:16
112	Daphne Jones	Scottish	1:14:33				
'B' Division					B Grade	10 km Male	
10 km race				1 st	Jon Raskvist	Trentham	1:03:18
				2 nd	Ian Morton	Scottish	1:07:18
124	Jon Raskvist	Trentham	1:03:18	3 rd	John Hines	Scottish	1:22:11
137	Ian Morton	Scottish	1:07:18				
891	John Hines	Scottish	1:22:11		B Grade	5 km Male	
				1 st	Steve Bligh	Olympic	36:32
				2 nd	Ray Marten	Scottish	37:46
'A' Division				3 rd	Murray Gowans	Scottish	48:54
5 km race							
113	Warren Jowett	Trentham	36:16		B Grade	5 km Female	
'B' Division				1 st	Eleanore Brown	Olympic	34:24
5 km race				2 nd	Andrea Adams	Olympic	37:46
				3 rd	Marian Jowett	Trentham	42:28
242	Eleanore Brown	Olympic	34:24		Juniors		
119	Steve Bligh	Olympic	36:32				
470	Ray Marten	Scottish	37:46	1 km	Joseph du Toit	Trentham	07:59
125	Andrea Adams	Olympic	37:46	3 km	Liam Dunlop-Brown	Mana	18:38
118	Marian Jowett	Trentham	42:28				
468	Murray Gowans	Scottish	48:54				
Juniors							
3 km							
126	Liam Dunlop-Brown	Mana	18:38				
1 km							
512	Joseph du Toit	Trentham	07:59				

[illegible]

Coming Events

Race Walking Auckland (RWA) (<http://www.sporty.co.nz/racewalkingauckland>)

22/06/2019	RWA Road Race Walk; 10/5km; Long Bay; adjacent to Athletics Auckland Cross Country GP 4
23/06/2019	No walk due to event on Saturday
30/06/2019	Details to be confirmed
7/07/2019	Details to be confirmed
14/07/2019	RWA Pack/Training Walk Auckland Domain, Newmarket
21/07/2019	RACE WALK - Winged Foot Trophy 5km Auckland Domain - followed by committee meeting
28/07/2019	RWA Junior Races Massey Park, Papakura
4/08/2019	RACE WALK - RWA Club Championships; 10,000m Seniors, 5000m Juniors Lovelock Track, Owairaka
11/08/2019	RWA Pack/Social Walk Auckland Botanical Gardens, Manurewa
18/08/2019	RWA Pack Training Walk Auckland Domain
25/08/2019	AAI Road Championships, Bruce Pulman Park, Papakura 5km, 10km
1/09/2019	RWA Pack Training Walk Auckland Domain
8/09/2019	RWA Junior Races; 2000m/3000m Massey Park, Papakura
15/09/2019	Athletics NZ Road Race Championships, Bruce Pulman Park, Papakura
22/09/2019	RACE WALK RWA One Hour Track Walk Seniors; 30 minutes Juniors Lovelock Track, Owairaka
29/09/2019	RACE WALK - Winged Foot Trophy 5km Auckland Domain - followed by committee meeting
5/10/2019	Athletics NZ Road Relay Championships, Feilding
6/10/2019	Details to be confirmed
13/10/2019	RACE WALK Ailsa Forbes Memorial 2 Mile Guesstimate Auckland Domain, Newmarket
20/10/2019	RWA Pack Training Walk Auckland Domain
27/10/2019	Details to be confirmed
3/11/2019	RWA Race Walk 3000m/2000m/1200m Lovelock Track, Sandringham
10/11/2019	RACE WALK Peter Phillipotts Pace 5km Guesstimate Auckland Domain
17/11/2019	RACE WALK Creamer-Wilson Mile Lovelock Track, Owairaka
24/11/2019	RACE WALK - Winged Foot Trophy 5km Auckland Domain - followed by committee meeting

1/12/2019	RACE WALK RWA One Hour Track Walk Seniors; 30 minutes Juniors Lovelock Track, Owairaka
8/12/2019	RWA Training/Pack Walk North/South Split (South - Lloyd Elsmore - Yvette Williams Track, Pakuranga)
15/12/2019	Details to be confirmed
22/12/2019	RACE WALK - Il Mondo Trophy 6km (Juniors 2km) Greenwoods Corner, Epsom

Taranaki Race Walking Club (<https://trwc.homestead.com>)

23 June	Day 1 Club Champs Mass + style Mamaku Rd, Waitara S 5km, 80+ 3km, J 1&3kmCafe mass start + closed handicap for points trophy
7 July	Ivor's Gut Buster HC Oakura + 5km option S 10k, V 5km 97 Messenger Tce
20 July	Halcombe Relay teams + team pts Halcombe Hall interclub participation event at event
4 August	Fox Trot HC Katane Rd, Normanby (S 10km, V 5km, J 1&3km) Peter's
18 August	Day 2 Club Champs Mass+Style end of The Links drive S 10km, 80+ 5km, J 2&3kmMarlene's mass start + closed handicap for points trophy NC5km
25 August	Tony's Trot HC Onaero + 5km option S 10km, V 5km, J 1&3kmTony's
31 August	Taranaki 10km Road Champs 10km A&B, 5km B grade
8 September	Bell Block Walk/Relay? *TBC* Est? de Havlon Drive**format TBC*Dave B's
14 September	National Road Champs S 10km, J 5km
22 September	Stratford Saunter HC + team pts Pembroke Rd S 10km, V 5km, J 1&3kmRoss'

New Zealand Dates 2019

- 24 August Athletics Wellington Road running and race-walking championships.
- 25 August Athletics Auckland Road and Road Walks Championships Bruce Pulman Park, Takanini South Auckland.
- 31 August Canterbury Road Championships, Bottle Lake.
- 31 August Taranaki Road Championships
- 14 September ANZ Race walker's clinic in Auckland. Details currently being worked out. *See note 1 below.*
- 15 September Athletics NZ race walking championships Bruce Pulman Park, Takanini South Auckland.
- 14 /15 September RWNZ AGM in Auckland with the clinic and championships.
- 28 September Athletics NZ 24-hour championships Auckland
- 5 October Athletics NZ Road Relay championships, Feilding, Manawatu.
See note 2 below.

NOTE:

1 The distances for the Athletics NZ (ANZ) and centre race walking championships have not been settled yet. David Sim of Race-Walking NZ wrote in March proposing to ANZ that the senior men and women race over 20 km. The proposal is as we sent to members in circular 8/2019 on 12 March. This was like the proposal sent to you after our AGM last September. We will keep you advised of developments as we follow up with ANZ.

2 The ANZ road relay championships in Feilding were the scene of the last time a formal road relay, for Open and B grade walkers combined was conducted in association with the runner's championships. Then the Taranaki RWC won from Wellington Scottish and Palmerston North. We have been in touch with Robert Dabb the Meeting Manager and he is not opposed to us once again organising the walker's non-championship race. Walkers are scrutinized not judged, to ensure no joggers take part. We already have two volunteers to act as scrutineers for the relay and a few more will help. We will keep you informed of developments but in the meantime make a note of the date and talk to fellow walkers about this exciting competitive and social event.

Australian/Victorian Key Dates – 2019

June 25-28, 2019 Oceania Championships, Townsville (Open and U20 10km, U18 5km)

Aug 11 (Sun), 2019 AMA 20km National Championships, Adelaide, SA

2019 IAAF Race Walking Challenge Series (first few dates now published)

Jun 26 (Wed). 2019 Oceania Race Walk 10km Championships, Townsville, Australia (10km M/W)

Sep 27 - Oct 6, 2019 IAAF World Athletics Championships, Doha, Qatar

Oct 20-22, 2019 Around Taihu International Race Walking 2019, Suzhou, China

International Dates – 2019 and onwards

Jun 17-19, 2019 China National Race Walking Gran Prix – 3, Chifeng, CHN (20 and 50km M/W)

Jun 22 (Sat), 2019 Polish 20km Championships, Mielec, POL (20km M/W)

Jul 3-14, 2019 **30th Summer Universiade**, Naples Italy

Jul 20-21, 2019 China National Race Walking Champions Meet, Changbaishan, CHN (20 and 50km M/W)

Jul 26-Aug 11, 2019 Pan American Games, Lima, PER (50km and 20km)

Aug 30-Sep 7, 2019 **20th Oceania Masters T&F Championships**, Mackay, Queensland, AUS

Sep 6-7, 2019 China National Race Walking Champs, Leshan, CHN (20 and 50km M/W)

May, 2020 **29th IAAF World Race Walking Team Championships**, Minsk, Belarus

July 17-20, 2020 **18th IAAF World U20 T&F Championships**, Nairobi, Kenya

July 24 – Aug 9, 2020 **32nd Olympic Games**, Tokyo

July 20 – Aug 1, 2020 **23rd World Masters T&F Championships**, Toronto, Canada

The Australian and international dates are courtesy of Tim Erickson of VRWC Melbourne,
terick@melbpc.org.au

David Sim 027 3311840 DKSim@xtra.co.nz

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