5km & 10km Road Race 20 June 2015

A' Division

10km race

Race No	Name	Club	Time	lap 1		lap 2		lap 3		lap 4		lap 5		lap 6		lap 7		lap 8		lap 9		lap 10		Avg
				Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	min/km
5	Peter Baillie	Scottish	**56:55**	05:53	05:53	11:29	05:36	17:07	05:38	22:45	05:38	28:24	05:39	34:05	05:41	39:48	05:43	45:36	05:48	51:22	05:46	56:55	05:33	**05:41**
8	Sean Lake	Scottish	**1:00:54**	06:12	06:12	12:16	06:04	18:26	06:10	24:34	06:08	30:42	06:08	37:08	06:26	43:05	05:57	49:04	05:59	55:03	05:59	1:00:54	05:51	**06:05**
43	Bob Gardner	Scottish	**1:03:09**	06:20	06:20	12:41	06:21	19:01	06:20	25:23	06:22	31:44	06:21	38:08	06:24	44:24	06:16	50:38	06:14	56:57	06:19	1:03:09	06:12	**06:19**
11	Terri Grimmett	Scottish	**1:03:58**	06:09	06:09	12:24	06:15	18:43	06:19	25:02	06:19	31:21	06:19	37:54	06:33	44:21	06:27	50:54	06:33	57:24	06:30	1:03:58	06:34	**06:24**
10	Kevin Watson	Scottish	**1:06:12**	06:27	06:27	12:59	06:32	19:32	06:33	26:06	06:34	32:39	06:33	39:17	06:38	46:00	06:43	52:45	06:45	59:27	06:42	1:06:12	06:45	**06:37**
6	John Leonard	Scottish	**1:07:16**	06:20	06:20	12:56	06:36	19:31	06:35	26:03	06:32	32:50	06:47	39:46	06:56	46:41	06:55	53:32	06:51	1:00:23	06:51	1:07:16	06:53	**06:44**
12	Philip Grimmett	Scottish	**1:07:37**	06:43	06:43	13:30	06:47	20:26	06:56	27:17	06:51	34:07	06:50	40:55	06:48	47:43	06:48	54:22	06:39	1:01:03	06:41	1:07:37	06:34	**06:46**
37	Barbara Morrison	Scottish	**1:08:31**	06:42	06:42	13:30	06:48	20:26	06:56	27:17	06:51	34:07	06:50	40:55	06:48	47:43	06:48	54:31	06:48	1:01:29	06:58	1:08:31	07:02	**06:51**
7	Daphne Jones	Scottish	**1:15:40**	07:03	07:03	14:22	07:19	21:37	07:15	29:01	07:24	36:55	07:54	44:18	07:23	52:10	07:52	1:00:09	07:59	1:08:03	07:54	1:15:40	07:37	**07:34**
5km race																								
35	Daniel du Toit	Trentham	**30:34**	06:02	06:02	12:03	06:01	18:14	06:11	24:23	06:09	30:34	06:11											**06:07**
3	David Cooke	Scottish	**33:50**	06:54	06:54	13:41	06:47	20:26	06:45	27:04	06:38	33:50	06:46											**06:46**
'B' Division 10km & 5km																								
18	Ian Morton	Scottish	**1:05:57**	06:16	06:16	12:50	06:34	19:27	06:37	26:05	06:38	32:34	06:29	39:13	06:39	45:59	06:46	52:39	06:40	59:20	06:41	1:05:57	06:37	**06:36**
15	Joseph Antcliffe	Trentham	**1:12:42**	07:14	07:14	14:25	07:11	21:38	07:13	29:02	07:24	36:30	07:28	43:32	07:02	50:51	07:19	58:12	07:21	1:05:33	07:21	1:12:42	07:09	**07:16**
16	Richard Willis	Trentham	**35:59**	07:26	07:26	14:26	07:00	21:33	07:07	28:44	07:11	35:59	07:15											**07:12**
14	Leeane Palmer	Scottish	**36:16**	07:14	07:14	14:22	07:08	21:32	07:10	28:43	07:11	36:16	07:33											**07:15**
45	Arlene Wong-Tung	Scottish	**37:08**	07:14	07:14	14:39	07:25	22:11	07:32	29:38	07:27	37:08	07:30											**07:26**
29	John Hines	Scottish	**39:21**	07:33	07:33	15:22	07:49	23:20	07:58	31:21	08:01	39:21	08:00											**07:52**
42	Andrea Adams	Olympic	**40:08**	07:40	07:40	15:35	07:55	23:28	07:53	31:46	08:18	40:08	08:22											**08:02**
2092	Murray Gowans	Scottish	**41:52**	08:10	08:10	16:26	08:16	24:45	08:19	33:15	08:30	41:52	08:37											**08:22**