



WELLINGTON HARRIER ATHLETIC CLUB



8th August - Island Bay

[Click here for results \(final\)](#), Records ([here](#))

It was a cold, bleak, miserable day. Southerly surf pounded the coast and while we waited for the start, the wind penetrated to the bone.

The 20+ competitors we have had over recent years dramatically dwindled to 13 hardy souls.

Sean Lake led from the start and was the only one to complete the 5km in less than 30 minutes. However, like everyone else, he found the freakish wind was sometimes in front and sometimes behind, so nearly all their times were faster than their estimates!

Turkey Trot Results

Fastest Times

1	Murray Gowans	-0.05	1	Sean Lake	29.18
2	John Leonard	-0.16	2	Bob Gardner	31.04
3	Andrea Adams	-0.23	3	Chris Harp	31.24
4	Paula Binkhorst	+0.24	4	Jackie Wilson	32.44
5	Jackie Wilson	-0.42	5	John Leonard	32.59
6	David Cooke	-0.52	6	Richard Willis	33.16
7	Chris Harp	-1.06	7	Joe Antcliff	33.49
8	Leanne Palmer	+1.30	8	David Cooke	37.18
9	Bob Gardner	-1.41	9=	Andrea Adams	39.45
10	Richard Willis	-1.44	9=	Leanne Palmer	39.45
11	Joe Antcliff	-2.11	11	Jenny Lippross	40.17
12	Sean Lake	-2.14	12	Murray Gowans	41.55
13	Jenny Lippross	-8.33	13	Paula Binkhorst	42.26

