



96th Vosseler Shield Mountain Races

MOUNT VICTORIA, WELLINGTON

SATURDAY 25th MAY 2019

<u>RACE</u>	<u>GRADE</u>	<u>APPROX. DISTANCE</u>	<u>START TIME</u>
1	SENIOR WOMEN, MASTERS WOMEN 35, MASTERS WOMEN 50, MASTERS WOMEN 60, MASTERS WOMEN 70+ MASTERS MEN 60, MASTERS MEN 70+ JUNIOR MEN MU20, * NON-CHAMPIONSHIP 5k MEN 20-59.	5 km	12:40 pm
2	JUNIOR WOMEN WU20, WOMEN WU18, GIRLS GU16, MEN MU18, BOYS BU16.	3.5 km	1:30 pm
3	BOYS BU14, BOYS BU12.	1.6 km	2:00 pm
4	GIRLS GU14, GIRLS GU12.	1.6 km	2:15 pm
5	SENIOR MEN, MASTERS MEN 35, MASTERS MEN 50, * NON-CHAMPIONSHIP 10k WOMEN 20+.	10 km	2:30 pm

COURSE DESCRIPTION

Bush tracks and rocky trails with sealed road crossings on Mt Victoria. Race headquarters are at the WHAC Clubrooms, 164 Alexandra Rd. All races start on the grassed area near the Badminton Hall on Ruahine St.

ENTRY FEES (Athletics Wellington Members)

AW Clubs will be invoiced after the event according to the number of individuals completing the races.

Entry fees for **ANZ Registered Club Members** are as follows:

Boys and Girls U12, U14 and U16 \$19.50

All other grades \$24.00

These entry fees include a special traffic management fee of \$12.00 per person.

AGE GRADES AND CLUB UNIFORM

Age at 31st December 2019, except Masters grades where age at 25th May 2019.

As this event is only open to Registered Club Members, the correct club uniform must be worn.

Any athlete wishing to compete "out of grade" (e.g. junior in senior grade), must advise Ian Macfarlane whacracedirector@gmail.com and Daryl Bloomfield daryl@fedude.co.nz by 5:00pm Thursday 23 May.

TEAM AND INDIVIDUAL AWARDS

Medals will be awarded to FIRST PLACE in each grade

(* Except there will be no medals for either non-championship race).

Team Competition WINNERS will receive medals, with number to count in each grade as follows:

Open Men M20-99 10k only 6

Open Women W20-99 5k only 3

Masters Women MW50/60/70 combined 3

Junior Women WU20/WU18 combined 3

All other grades 3

Masters runners are eligible for team competition in both the Open grade and their own Masters grade.

(* Except there will be no medals for either non-championship race).

The **Barry Everitt Plate** will be awarded to the Club scoring the *highest* number of points over *all* grades.

This will be based on participation, where every competitor will score points, with 100 points to the winner.

e.g. Senior Women, 30 finishers, first place scores 100 points, last place scores 71 points.

(* Except the two non-championship races will not count towards this Club competition).

Race Director: Ian Macfarlane, phone: (027) 230 8884, or email: whacracedirector@gmail.com



SUPPLEMENTARY INFORMATION

PRIZEGIVING

Prize giving, following each race, will be near the WHAC Clubrooms. If bad weather, will be held inside.

RACE ELIGIBILITY

The Vosseler Shield races are an Athletics New Zealand Sanctioned Event. Only Athletics NZ registered athletes who are financial full competition members in the ANZ ClubNet database are eligible to compete. **Athletes must be financial in ClubNet by midnight Wednesday 22 May 2019 in order to compete.**

TIMING AND RECORDING SYSTEM

Athletics Wellington provides the timing system. **Race bibs** will again be used for each of the 4 interclub races. The bibs will have **timing chips** on their front. These are new bibs/chips, not the ones previously used. Race bibs must be worn on the front of the athlete's club singlet. Timing chips must be left securely on the front of the bibs. No current bib or timing chip means you will not be recorded in the results.

CLOSING TIME FOR ENTRY AND RACE BIB PICK UP

For 2019 there is no online entry prior to the race. You must be **financial** in ANZ ClubNet as stated above to receive a race bib. If you are financial by Friday 17 May you will receive a personalised race bib. If you are financial after 17 May and up to 22 May, you will receive a temporary race bib, which must be returned after the race. Athletes must uplift their race bib from their club representative at the WHAC clubrooms at least 30 minutes prior to the start of their race.

Race bib pick up at the WHAC clubrooms on race day 25 May from 11:30am.

No postal or email entries from AW Clubs. Other clubs to email entries to the race director by 22 May.

COURSE MARKING

The course will be marked with a combination of the following; tape, marker poles, arrows, cones and marshals. Where 2 marker poles are placed as a gate, runners must run between the marker poles. Where 1 marker pole is used, runners must run within 5m either side of the marker pole. When running adjacent to roads, athletes must run within the coned off verge area. Failure to comply with a marshal's instruction or not following the correct course may result in disqualification.

PROTESTS AND APPEALS

IAAF Competition Rules 146 covers protests and appeals.

In the first instance, any protest must be made to the Race Referee, within 30 minutes of the finish of the race. Referee's decision will be given to the Race Director. Any appeal must be made to the Race Director.

SAFETY

MARSHALS

Marshals are clearly identifiable with orange Hi-Viz vests around the course. If you are injured or observe an injury or problem of any kind please report to the nearest marshal. All competitors must obey the directions of marshals.

COURSE CONDITIONS

This is a cross country race and accordingly trails may be loose, steep, slippery, uneven, and have trip hazards. Competitors are responsible for taking reasonable care.

PUBLIC ROADS

The race includes the crossing of public roads. Marshals will be in place for your safety, and will endeavour to stop vehicles in order to provide right of way to runners. However you must remain alert at road crossings, look yourself, and be prepared to stop if directed to do so by a marshal. Where the course runs alongside public roads, competitors must run within the coned off verge area.