



WELLINGTON
HARRIER ATHLETIC CLUB



97th Vosseler Shield Mountain Races

**MOUNT VICTORIA, WELLINGTON
SATURDAY 22nd MAY 2021**

VENUE

Race headquarters are at the WHAC Clubrooms, 164 Alexandra Rd. All races start on the grassed area near the Badminton Hall on Ruahine St.

COURSE DESCRIPTION

All races start with a steep uphill from Badminton Hall up to the tracks just below Alexandra Road; the course covers bush tracks and rocky trails with steep uphill / downhill gradients. The entire race is off road with the exception of road crossings on Mt Victoria.

There are 5 races run over four distances ranging from 1.6km for boys and girls to 10km for senior and masters' runners.

Road crossings are marshalled and subject to Traffic Management controls.

Race Times	Grades	Approx. Distance
12.40pm	SENIOR WOMEN, MASTERS WOMEN 35, MASTERS WOMEN 50, MASTERS WOMEN 60, MASTERS WOMEN 70+ MASTERS MEN 60, MASTERS MEN 70+ JUNIOR MEN MU20, * NON-CHAMPIONSHIP 5k MEN 20-59.	5 km
1.30pm	JUNIOR WOMEN WU20, WOMEN WU18, GIRLS GU16, MEN MU18, BOYS BU16.	3.5 km
2.00pm	BOYS BU14, BOYS BU12.	1.6 km
2.15pm	GIRLS GU14, GIRLS GU12.	1.6 km
2.30pm	SENIOR MEN, MASTERS MEN 35, MASTERS MEN 50, * NON-CHAMPIONSHIP 10k WOMEN 20+.	10 km

ENTRY INFORMATION

Athletics New Zealand Sanctioned Event

Only Athletics NZ registered athletes who are financial full competition members in the ANZ ClubNet database are eligible to compete. **Athletes must be financial in ClubNet by midnight Wednesday 19 May 2021 in order to compete.**

Race bibs

You must be financial in ANZ ClubNet as stated above to receive a race bib. If you are financial by Friday 14 May, you will receive a personalised race bib. If you are financial after 14 May and up to 20 May, you will

receive a temporary race bib, which must be returned after the race. **Race bib pick up at the WHAC clubrooms on race day 22 May from 11:30am.** No postal or email entries from AW Clubs.

Other clubs to email entries to the race director by 19 May. Athletes must collect their race bib from their club representative at the WHAC clubrooms at least 30 minutes prior to the start of their race. **No current bib and timing chip means you will not be recorded in the results. Race bibs will again be used for each of the 4 interclub races.** The bibs will have **Athletics Wellington timing chips** and must be worn on the front of the athlete's club singlet. Timing chips must be left securely on the front of the bibs.

Entry Fees (Athletics Wellington Members)

AW Clubs will be invoiced after the event according to the number of individuals completing the races.

Entry fees for **ANZ Registered Club Members** are as follows:

Boys and Girls U12, U14 and U16	\$25.50
All other grades	\$30.00

These entry fees include a special traffic management fee of \$18.00 per person.

Age Grades and Club Uniform

Age on 31st December 2021; except Masters' grades where age on 22nd May 2021.

As this event is only open to Registered Club Members, the correct club uniform must be worn.

Any athlete wishing to compete "out of grade" (e.g. junior in senior grade), must advise the Race Director, Ian Macfarlane whacracedirector@gmail.com and Daryl Bloomfield daryl@fedude.co.nz by 5:00pm Thursday 20 May.

TEAM AND INDIVIDUAL AWARDS

Medals will be awarded to **FIRST PLACE** in each grade, (*except there will be no medals for non-championship races).

Team Competition winners will receive medals, with number to count in each grade as follows:

Open Men M20-99 10k only	6
Open Women W20-99 5k only	3
Masters Women MW50/60/70 combined	3
Junior Women WU20/WU18 combined	3
All other grades	3

Masters' runners are eligible for team competition in both the Open grade and their own Masters' grade.

The **Barry Everitt Plate** will be awarded to the Club scoring the *highest* number of points over *all* grades. This will be based on participation, where every competitor will score points, with 100 points to the winner. E.g., Senior Women, 30 finishers, first place scores 100 points, last place scores 71 points. (The non-championship races will not count towards this Club competition).

PRIZEGIVING

Prize giving, following each race, will be near the WHAC Clubrooms; and if bad weather, will be held inside.

PROTESTS AND APPEALS

In the first instance, any protest must be made to the Race Referee, within 30 minutes of the finish of the race. Referee's decision will be given to the Race Director; any appeal must be made to the Race Director.

IAAF Competition Rules 146 covers protests and appeals.

HEALTH AND SAFETY

Marshals

All races are marshalled; marshals are clearly identifiable with orange Hi-Viz vests around the course. If you are injured or observe an injury or problem of any kind, please report to the nearest marshal. All competitors must obey the directions of marshals.

Course Marking

The course will be marked with a combination of the following: tape, marker poles, arrows, cones, and marshals. Where 2 marker poles are placed as a gate, runners must run between the marker poles. Where 1 marker pole is used, runners must run within 5m either side of the marker pole. When running adjacent to roads, athletes must run within the coned off verge area. Failure to comply with a marshal's instruction or not following the correct course may result in disqualification.

Public Roads

The race includes the crossing of public roads. Marshals will be in place for your safety and will endeavour to stop vehicles in order to provide right of way to runners. However, you must remain alert at road crossings, look yourself, and be prepared to stop if directed to do so by a marshal. Where the course runs alongside public roads, competitors must run within the coned off verge area.

Course Conditions

This is a cross country race and accordingly trails may be loose, steep, slippery, uneven, and have trip hazards. Competitors are responsible for taking reasonable care.

Wellington Free Ambulance

Wellington Free Ambulance service will be on site throughout the event; the ambulance and medics will be situated at the clubrooms. Sector Marshals and Race Director have contact details in case of an emergency event on the course.

COVID-19

Spectators are to register their presence by scanning at the event specific QR code at the Race HQ **OR** near the start line. Athletes are recorded as members of their club's team. There are no mandatory public health requirements at alert level 1. Please remain vigilant and continue to practice good hygiene to minimise the risk of community transmission; hand sanitiser will be available at Race HQ; practice social distancing where possible; and please stay away from the event if you are unwell.

The event will only be run under Alert level 1.

Race Director

Thank you for supporting this event. We look forward to seeing you all on race day. For inquiries, please contact Ian Macfarlane (027) 230 8884, or email: whacracedirector@gmail.com