



ATHLETICS WELLINGTON RACE WALKING CHAMPIONSHIPS 2017

The Athletics Wellington Race Walking Championships will be held on Sunday 20th August 2017 at the General Motors course in Dante Road Trentham, Upper Hutt. Wellington Scottish Athletics Club is hosting the meeting.

The races

There are Championship, A Grade and non-Championship B Grade races. Only registered financial members of Wellington Centre clubs can be placed in the championships, but visiting walkers may enter the A Grade. Any member of any club or an individual walker may enter as a B Grade competitor and will be allowed to finish.

The championship A grade races will be fully judged and any disqualified walker will have to stop and leave the course. They cannot convert to become a B grade competitor. There is no Sin Bin operating.

The championship races will be as follows, and are the same grades as Athletics New Zealand Championships. Senior men and women, Masters men 35-49, and 50 plus and Masters women 35 plus are all 10 km. Men and women under 18 and under 20 are all 5 km. Athletics Wellington certificates will be presented to the place getters. Medals are not being presented this year. Non-championship B Grade walkers can elect to do any distance up to 10 km.

Entry to the races

Anyone who wants to compete in the A Grade championship races MUST ENTER by email to thelonsdales@paradise.net.nz by 11.59 pm on Thursday 17th August. See the information later in this message.

Entries for all other races can be made on the day at the Registration Desk but NO LATER than 11.30 am. Please bring your own race numbers if you have them. We will have numbers and safety pins available at Registration.

The entry fees are Junior championship races \$8. Senior and master's grade championship races \$12.50. All B Grade races are \$10. The Children's races starting at 12.15 pm are \$5 or \$10 for a family. They are NOT championship races. Scottish can invoice clubs for your entry fee after the event or you may pay cash on the day.

Championship competitors MUST compete in their club uniform. B grade competitors may compete in any uniform BUT NO leggings for any walker please.

No headphones may be worn during the races.

Race number bibs must be worn and visible front and back. The A grade championship walkers will have a coloured identifier on their race number bibs.

Timetable

Thursday 17th August Championship entries close 11.59 pm.

Sunday 20th August 2017.

10.00 am Trentham Camp Golf club toilets and showers are open for us to use.

11.00 am the course is open for practise. The Registration Desk opens.

11.30 am registrations close for senior and masters and U18 & U20 races.

11.40 am Walk judges meet and are assigned positions.

11.45 am Registration closes for Junior races.

12.00 noon Start of senior, masters, U18 & U20 races and B Grade races.

12.15 pm Junior races start at the 500 m point in the one km lap.

1.15 pm the Bunker Bar in the Golf club is open. Snack food hot drinks and soft drinks only are available. NO alcohol can be sold to us.

1.30 pm Prize giving in the Bunker bar with Spot Prizes drawn.

The course and facilities.

The lap is a one kilometre circuit starting and finishing on the north wall of the factory, where the Ekiden relay started. It will be coned and the walk judges will also be acting as Umpires to ensure the course is followed.

There is no portaloos on the course. If a competitor needs to leave the course to go to the golf club toilets they must do so at the Dante Road entry and return to that place.

There will be a drink table in the home straight. Personal well identified drinks may be placed there and handed to you when requested. DO NOT TAKE a drink from anywhere other than at the table. Doing so is a disqualifiable offence.

Car parking should be on the road parallel to the course and angle parking is requested. We will only park on the grass median if there is no rain in the days preceding the meeting.

Tents can be put up on the grass median by the start line. There are First aiders available, and ask for help at the Start finish line.

Race rules and how to enter

The races will be conducted under the IAAF rules and the Athletics New Zealand (ANZ) Supplementary rules. By entering competitors agree to be bound by those rules and the directions of the Meeting Manager or Safety Officer.

All competitors compete entirely at their own risk, and consent to receiving medical treatment which may be advisable in the event of illness or injuries suffered during or around the event.

A Grade Championship competitors MUST be registered through their club with ANZ and should email their entry to the Meeting Manager David Lonsdale at thelonsdales@paradise.net.nz Please provide name, race division entered, club, your race number if you have one or advise if you will need a number.

We look forward to seeing lots of you on Sunday 20th August at Trentham. Please contact me if you need further information.

David Lonsdale – Meeting Manager.
Phone 021 620 428.