

Hello.

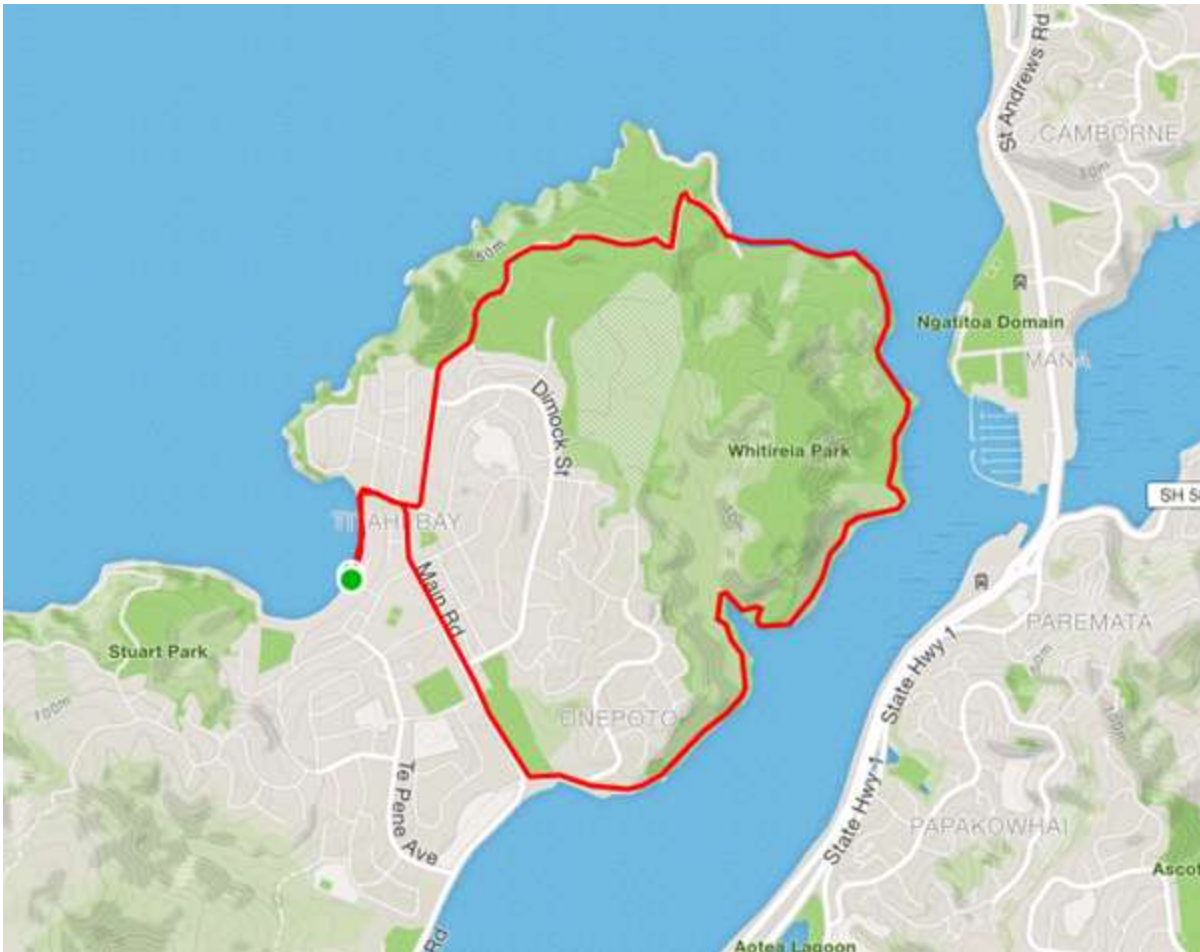
Wellington Scottish would like to invite your club to join us for an annual handicap race we hold in Titahi Bay.

The race is on 21 October and we'd like it to be an occasion to celebrate the end of the Harrier season and to commemorate Bernie Portenski. While Bernie was a staunch Scottish member, she trained with and supported many members from other clubs. The overall winner on handicap will hold the Bernie Portenski Memorial Trophy for a year – we hope to make this an annual event.

We assemble at St Timothy's Presbyterian Church, 16 Te Pene Ave, Titahi Bay from about 1:30pm.

Post-race we return to the church hall for an afternoon tea and prize-giving.

The race starts at 2:05pm on the beach in front of the surf club at Titahi Bay.



The race distance is 9.1km but with the mixed terrain (road, beach, grass) and the hill in the second half, the distance we use to calculate handicaps is 10km.

Please ask your club handicapper to provide 10km handicaps for your members and to email them to me. We will consolidate all the club handicaps into a single start list. It will make life easier for our starters if your handicaps can be spaced into 30 second blocks (e.g. 37:30, not 37:15).

Also, please ask your members to bring a plate to contribute to the afternoon tea. Whether you want to come along to race, tempo or take an easy run round the Bay, I hope to see you there so we can celebrate Wellington's Road and Cross Country Season and the friendly rivalries we all enjoy.

Regards,
Michael Wray.
President of Wellington Scottish