

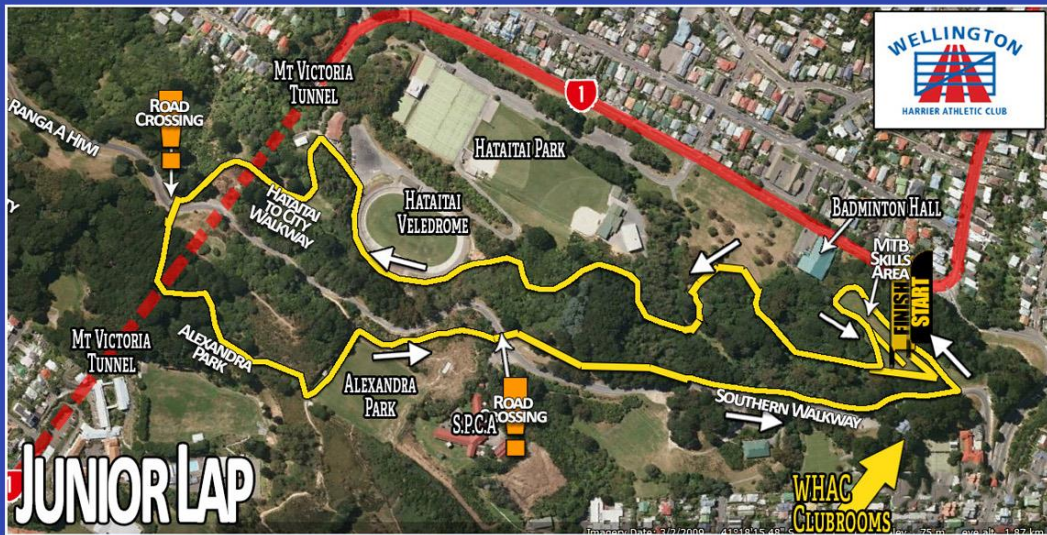
VOSSELER SHIELD



SENIORS LAP

Basic Schedule

Race	Distance	Start
1	1.1 km	12.40pm
1 Kids Lap		
<ul style="list-style-type: none"> Girls Under 14 Girls Under 12 Girls Under 10 		
2	1.1 km	1.00pm
1 Kids Lap		
<ul style="list-style-type: none"> Boys Under 14 Boys Under 12 Boys Under 10 		
3	3 km	1.20pm
1 Junior Lap		
<ul style="list-style-type: none"> Women Under 20 Women Under 18 Girls Under 16 Men Under 20 Men Under 18 Boys Under 16 		
4	5 km	1.40pm
1 Senior Lap		
<ul style="list-style-type: none"> Senior Women Masters Women 35 Masters Women 50 Masters Women 60 Masters Women 65 Masters Women 70 Masters Men 60 Masters Men 65 Masters Men 70 Men 20-59 non-championship 5k 		
5	10 km	2.20pm
2 Senior Laps		
<ul style="list-style-type: none"> Senior Men Masters Men 35 Masters Men 50 Women 20+ non-championship 10k 		



JUNIOR LAP



KIDS LAP