

Trentham United Harriers

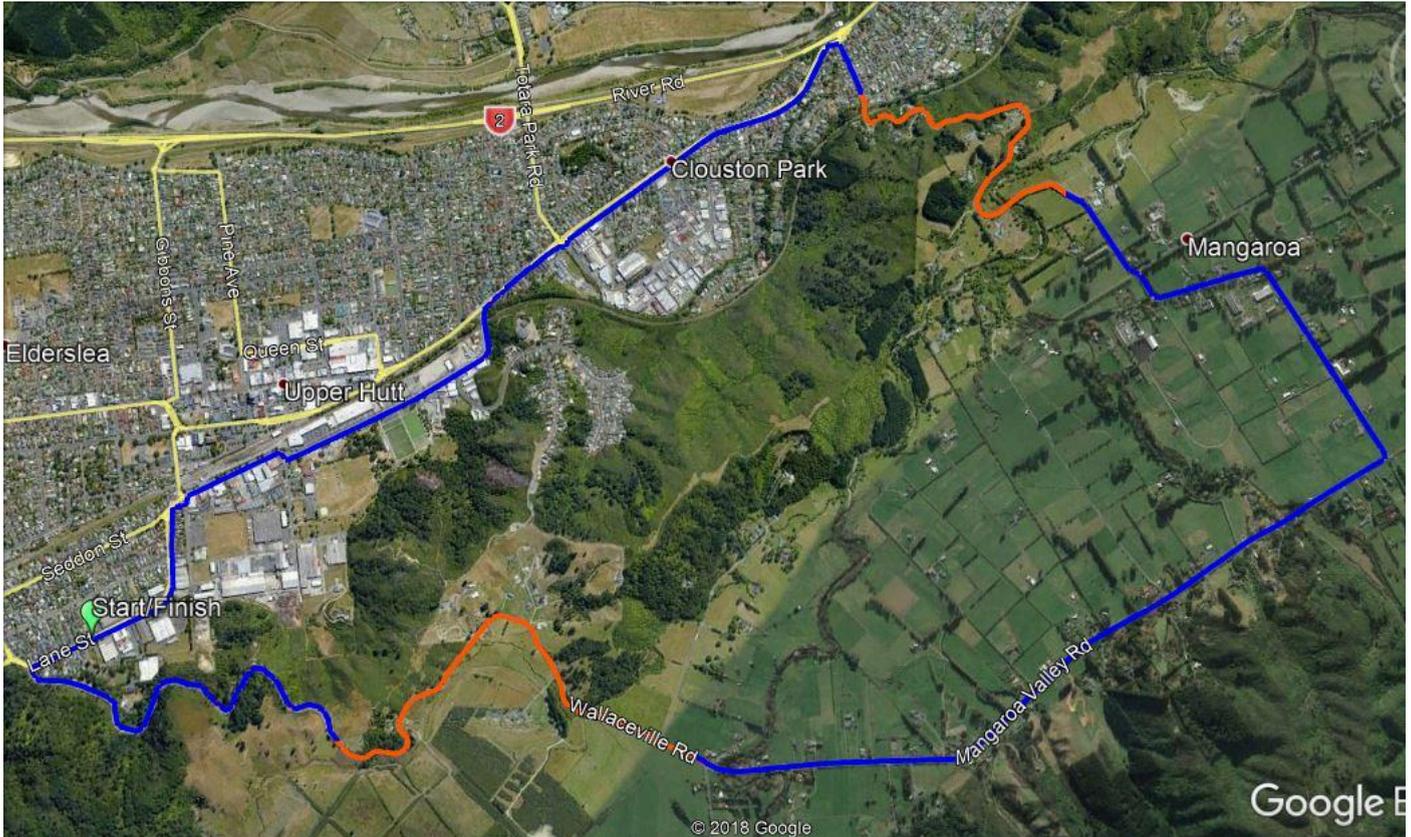
Mangaroa Circuit Handicap Race

The Mangaroa Circuit is a 13.9km Handicap race starting and finishing in Lane Street that goes around the Mangaroa Valley. Similar to the Club's Novice & President races, participants start at different times based on their ability/predicted time as determined by the Club's Handicapper(s).

Meeting Point:

Lane Park, Lane Street, Wallaceville (*do not go to the Clubrooms as they will be closed*).

Course Map:



Color Guide: Blue = stay on right side of road, Orange = stay on the left side of the road. *Anti-clockwise direction.* The race starts & finishes in front of the Lane Park Church in Lane Street, Wallaceville. For most of the event you stay on the right side of the road, except for two sections where you must run on the left side of the road.

Course Description:

Starting in Lane Street, you head northwards along Lane Street, Goodshed Road, Park Street and Fergusson Drive to Mangaroa Hill Road, turn right onto Mangaroa Hill Road and when it is safe to do so, cross the road to the left side before getting to the rail overbridge, head over & down Mangaroa Hill on the left side of the road until you cross the bridge, then when it is safe to do so cross to the right side of the road again. Follow Mangaroa Hill Road into Flux Road and continue along Flux Road past Mangaroa School (approximately halfway point) until you get to the T-intersection with Mangaroa Valley Road and Colletts Road. Turn right onto Mangaroa Valley Road and follow Mangaroa Valley Road to the bridge at Wallaceville Church, head straight over the bridge and straight onto Wallaceville Road, when it is safe to do so cross to the left side of the road. Continue along Wallaceville Road until you reach Wallaceville Cemetery and when it is safe to do so cross to the right side of the road. Head down Wallaceville Road until you get to the bottom and turn right onto Lane Street and head straight to the finish line.

Health & Safety:

- All roads are still open to vehicles and the public, there will be no road closures.
- Please stay to the sides of the road as outlined in the course description, this is for your safety.
- Stay on the footpath where available.
- Be vigilant around driveways and road crossings.
- Unless otherwise noted in the pre-race briefing/announcements, there usually won't be any marshals or course markings out on the course.
- Participants **MUST** be 16 or over; Juniors under 16 are not allowed to participate and will have a Club Day.
- In the past there has occasionally been cycling events on as well around the Mangaroa Valley which results in increased road traffic around there.
- The race is self-sustained, except if we get volunteers to do a water station (no guarantee).
- There are water taps available at Maidstone Park (~1.5km, next to the turf) and inside Mangaroa School (~7km).