

Club XC Championships

Timetable:

12:00pm	Course Set Up
1:30pm	Announcements
1:50pm	Under 10 (1.2km)
2:00pm	Under 12 (2.3km) Under 7 (~400m, will start after the U12)
2:20pm	Walkers (4.1km) – (no water crossing) Under 14, Under 16, Under 18 (4.1km), Under 20 Women, Senior Women, Masters Women (6.4km) Under 20 Men, Senior Men, Masters Men (8.2km)

Ages as on 31 December, except for Masters which is age on the day

Course: Red - 4.1km; Purple - 2.3km; Purple dots - 1.2km (6.4km do Red lap first then Purple lap)



**Course can be subject to change*